

Salmon Spread

This is for any fish leftovers. Make sure its boneless (those little pin bones) and cooled in the refrigerator. Mash the fish with a fork and place into a bowl. Add Mayo or Miricle whip to get the "tunafish" consistency. Add finely chopped onion and celery. Season with garlic salt, pepper and mustard and whip all together very well. Add to bread for a fantastic sandwich. Add a piece of romain lettuce and a pickle spare for a perfect lunch.